



# Land O Lakes<sup>®</sup> Cocoa Classics<sup>®</sup>

## Arctic White Cocoa

<b>Nutrition Facts</b>	
Serving Size 1 envelope (35g)	
Servings Per Container 1	
<b>Amount Per Serving</b>	
<b>Calories</b> 160	Calories from Fat 50
<b>% Daily Value*</b>	
<b>Total Fat</b> 6g	<b>8%</b>
Saturated Fat 5g	<b>26%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 180mg	<b>7%</b>
<b>Total Carbohydrate</b> 26g	<b>9%</b>
Dietary Fiber 0g	<b>0%</b>
Sugars 19g	
<b>Protein</b> 2g	
Vitamin A 0%	• Vitamin C 0%
Calcium 4%	• Iron 2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Saturated Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

**INGREDIENTS:** sugar, non-dairy creamer (partially hydrogenated coconut oil, corn syrup solids, sodium caseinate [a milk derivative], sugar, mono and diglycerides, dipotassium phosphate, soy lecithin, silicon dioxide, tetrasodium pyrophosphate, polysorbate 60), corn syrup solids, nonfat dry milk, natural and artificial flavor, carboxymethyl cellulose, salt, sodium aluminosilicate, cocoa butter, whole milk solids, dextrose, soy lecithin.

**Contains: Milk, Soy (Lecithin, Oil)**